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Valentine Spirit

Beyond flowers and chocolates

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Saturn ♄

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Rihanna

How her stars opened the door

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February 2013

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breathing fire

Given Rihanna's status as one of the wealthiest and most influential celebrities in the world, it's hard to imagine her humble origins on the small island country of Barbados. Her rapid climb to the highest peaks of success—and her staying power as a legitimate force in the world of entertainment—demonstrates both the hand of destiny and the power of her astrological signs.

Rihanna came into the world as Robyn Rihanna Fenty on 20th February, 1988. This gives her the Western sign of **Pisces** and the Chinese sign of the **Dragon**. Ordinarily, this combination would produce a sensitive, yet ambitious persona with far-reaching vision. Rihanna does fit this description, but her astrology goes much deeper in revealing what makes her tick, what is behind her turbulent relationship with singer Chris Brown, and what keeps millions of fans calling her name.

Growing up in the Barbadian city of Bridgetown, Rihanna was one of five children living in a three-bedroom house. Her father, a warehouse supervisor, and her mother, an accountant, worked steadily to support the family—but her father also had drug-addictions to feed, and this struggle left an indelible mark on young Rihanna's mind. Pisces is a sign of **empathy** and **psychic openness**. When people close to them self-destruct, they can become especially vulnerable to those negative energies. At the same time, being born near the cusp of **Aquarius**, Rihanna also has certain Aquarian traits. When a change of perspective becomes necessary, an Aquarian tends to **zoom out** instead of in.

The Dragon, in turn, is essentially a **flamboyant** and **free spirit**. The intensity of the Dragon's ambition and creative energy means that it will seek to break whatever chains are holding it back. Interestingly, Rihanna is said to have suffered from chronic



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How a potent combination of astrological signs put a shy, troubled teenager on the fast-track to stardom

headaches at this time in her life. It could be that her early life, characterised by economic struggle and her father's substance-abuse, caused the singer to suppress her powerful Dragon energy, open up her Piscean channels to the destructive energy around her, and thus bring physical symptoms upon herself.

Eventually the chains had to be broken. Rihanna's persona was **too big** for a quiet life in Bridgetown. Her Piscean intuition not only realised this, but attracted a **seemingly random encounter** that would open the door to destiny.

Shy and physically afflicted, Rihanna had taken up singing as an emotional and psychic release. She formed a pop group at the age of 15 with two other girls, and that year the group found themselves auditioning for American record producer Evan Rogers, who was visiting Bridgetown with his Barbadean wife. Rogers recalls feeling as though the other two performers were not even in the room. He was awestruck by the **emotion** and **ambition** of Rihanna's Dragon/Pisces energy, and he quickly offered to move her to New York in pursuit of a recording career. "When I left Barbados," Rihanna

says, "I didn't look back." This kind of 'whatever-it-takes' attitude is characteristic of Dragon, while the ability to leave everything behind in pursuit of an ideal is an Aquarian trait that Rihanna may have picked up from being on the cusp. It is much more difficult for Pisces to reach a state of emotional detachment.

After landing in New York City, it took Rihanna less than a year to find herself auditioning in front of industry mogul **Jay-Z**, who signed her to a six-album deal that very day. Like Rogers, Jay-Z was immediately struck by the energy Rihanna brought into a room. He would later recall, "**It took me two minutes to see she was a star.**" The fourteen year-old girl who started singing to relieve stress was suddenly poised on the brink of international success, and the headaches were gone. The Dragon had left its cave and started to breathe fire.

The rest of Rihanna's flight to stardom speaks for itself, with a string of number one albums, global tours, awards, and more recently, film roles. Why does she feel like a breath of fresh air to so many? Perhaps because what seems to most like performance is, to a Dragon, a **natural expression** of its fearless nature. At the same time, her Piscean sensitivity speaks on a softer level. The question is, where will Rihanna's signs lead her now that the world is her playground? Has she balanced all of her psychic energies?

The answer, of course, is no. Although Rihanna's answer to the call of destiny was an amazing feat, there remain areas of imbalance in her life—the most obvious of which has been **love**. After her infamous split with singer Chris Brown, Rihanna came under heavy criticism for admitting that she **still loved** a man who had raised a hand against her. Pisces loves with abandon, cherishing **vulnerability**, while Dragon and Aquarius are prone to chase ideals. Once a psychic bond is established through her deep Piscean channels, Rihanna may fit her partners into the mold of her imagination. In Brown's case, his Chinese sign of **Snake** can be a difficult match to the self-sufficient Dragon. The Snake's **possessive nature**, if left unchecked, can cause potent reactions when the Dragon attempts to spread its mighty wings and fly.

However, Brown's Western sign of **Taurus** suggests that a long-term relationship with Rihanna, although turbulent, continues to be a possibility. Taurus and Pisces are often a successful match, and problems between them can sometimes increase the bond, like tightening knots. A big persona like Rihanna's will always need space to do its own thing, so whether or not her re-kindled flame with Brown will last ultimately depends on his ability to hold her attention while standing back and letting her shine.

Ultimately, Rihanna's Piscean energy will keep her intensely connected with those she truly loves. At the same time, the Dragon (as well as Aquarius) seeks the **freedom** of the open sky. Just like the child who flew from her troubled life to a greater vision of her own destiny, Rihanna will continue reinventing and expanding her persona as she matures. Those components of her life that can't keep up will, much like Bridgetown, be left behind.



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Aries (Mar 21 - Apr 19)



Whenever you enter a new phase of life, certain elements cling to you. You realise they don't

belong there anymore, but letting go is sometimes easier said than done. Align yourself with people who understand who you are today, and where you aim to be tomorrow. They can ease the process of releasing dated energies from your psyche. If you're in a relationship, the two of you can explore new territory without leaving the neighbourhood. A psychic shift close to home is more valuable than a trip around the world in which nothing really changes. Don't let a critic get to you. It's impossible to make positive strides beyond someone somewhere feeling a little jealous.

Taurus (Apr 20 - May 20)



Sometimes little mistakes go unnoticed, but not this month! On the contrary, insignificant omissions

are likely to be blown out of proportion, so make sure to dot your "i's" and cross your "t's". If you have any Virgo friends, seek their company and notice how they do things. They might be able to save you quite a bit of hassle. The fruits of your labour are beginning to pay off, but now is not the time to rest on your laurels. The atmosphere is right for even more progress. Maintaining a faithful course isn't always the most glamorous thing, but the end result is like walking the red carpet. New love? It's only possible when you tell yourself what you really want.

Gemini (May 21 - June 21)



Just when you were moving a good clip, you find a psychic pebble in your shoe. As determined

as you are to keep walking, it's better to sit down, take a deep breath, and shake the pebble out. How easy it is to get caught up in external events, not realising that our inner-energies play a huge part in shaping the outside world. The riddle at hand won't take long to solve, but it does need to be looked at honestly, with undivided attention. Only when your shoes are clear of psychic pebbles will you be able to move as freely as your spirit wants to move. Romance is seriously possible—this kind of connection has the power to sweep you away.



February 2013 Horoscopes

Call 1-866-960-6498 for more info

Saturn and Mercury both turn retrograde in a challenging but truly rewarding month.

Libra (Sept 23 - Oct 22)



Whatever your New Year's Resolutions were, they will be tested—especially where diet and

exercise are concerned. There seems to be no end to the temptation, and fighting it only makes things worse. Why not use the principle of psychic judo to harness the flow of energy to your advantage? The fact is, the stars are aligned for you to enjoy yourself, and this urge must be satisfied one way or another. Important substitutions keep things moving upward, allowing you to have fun without being dragged into the swamp of old habits. A love connection is sudden, but consider the day-to-day commitment that lies beyond the initial thrill.

Scorpio (Oct 23 - Nov 21)



Diversions will try and pull you away from more substantial things, but you know as well as

anyone that close relationships must be taken care of first. Once you've seen to what's most important, take a step into what fascinates you. Business transactions and adjustments to your schedule are best carried out during the first three weeks of the month. After the 18th, you'll want the mundane aspects of life to be on autopilot. Hilltops and towers—places of air and distance—will have a cool, refreshing effect on a recent hardship. It never hurts to see things from a different perspective, if only for a moment.

Sagittarius (Nov 22 - Dec 21)



Emotional connections can sometimes be fleeting, but this month they will have the power

to expand into something big and real. It could be love, a new friendship, or even business. The important thing is to trust your emotions. When they begin to resonate, follow the sensation. What you find on the other end could be life-changing. Tension at home is higher than normal, but you can transform it into something constructive by staying one step ahead. In practical matters, get your wheeling and dealing done before the 18th. After that you will need extra space for a new piece of spiritual furniture.

Cancer (June 22 - July 22)



Your psychic energy feels slightly exposed, like a fish out of water—this isn't the environment you're used

to, but it can teach you something. First, it can illuminate a blind spot where career plans are concerned. Second, it can bring you closer to someone who has felt distant in recent weeks. An uncomfortable change of scenery thus becomes a healthy adaptation to ever-changing circumstances, and a learning experience. Cautious first steps are called for in a new relationship, as moving quickly will only block a deeper connection. As in the game of chess, the right situation must be patiently created in order to achieve the optimal effect.



Leo (July 23 - Aug 22)



The heated, outward tension between yourself and a friend (or partner) shifts onto a deeper,

more psychic wavelength. Just because words are no longer being exchanged does not mean things have been resolved. Indeed, silence can be more powerful than words. Explore the silence between you and find out what's really there. If it's a partner, you'll soon find yourselves exploring a whole lot more than silence, as mutual introspection will cause you to find each other irresistible. It's best to get your finances in order before the 22nd. Toward the end of the month it will be difficult to get practical things done with any kind of consistency.



Virgo (Aug 23 - Sep 22)



A careless comment at work, or elsewhere in your daily routine, won't surface in your mind until

the day's work is done and you finally have a moment to reflect. Clearing the air, concisely and gracefully, opens a door that wasn't there before. It's incredible the kind of disguises a blessing can wear. Your partner may have unrealistic expectations, but don't let your reaction get out of hand. Again, a brave yet courteous approach yields good results. If you've got your eye on someone new, best wait until the middle of the month before making a move. Before that, they'll be wearing a psychic camouflage that makes it hard to see what's there.



Capricorn (Dec 22 - Jan 19)



Following the crowd isn't going to work this month—or next month, for that matter. Holding

your own stance is rarely the easiest path, but in some cases it's the only one worth taking. Once they see that you know how to follow your heart, the crowd will begin to follow you. In the same spirit, capitalising on a romantic possibility requires you to make a move when someone is watching. High stakes bring high rewards, and the potential losses are nothing you can't shake off. Something is getting to you emotionally, but take a closer look. Appearances aren't what they seem, and a reaction to something that isn't there will make it real.

Aquarius (Jan 20 - Feb 18)



With Venus and the Sun in your sign, you stand an excellent chance of getting attention,

whether you're after it or not. If you are attached, keep an eye on your own words and gestures, as your partner will be extra-sensitive to any flirtatious energy coming your way. Let them know that you shine for them alone—and they'll reward you handsomely. Keep the momentum with a recent creative surge, as too long of a break will dampen the spark. During the last week of the month, details are likely to get mixed up. Knowing this in advance allows you to avoid the pitfall of unnecessary frustration. There is something good in every situation.

Pisces (Feb 19 - Mar 20)



When a long-standing family issue suddenly feels lighter on your shoulders, you realise

that your own psychic energies are even more important than external changes. Something in you has changed, and the external situation will soon follow. For now, take a deep breath and turn your attention toward aspects of your life that have been on hold for far too long. A small window in the middle of the month is good for meeting someone new, but the first and last weeks are better for introspection. If you're in a relationship, you and your partner both need space in order to locate a new, natural intersection of body and spirit.

For couples, it can fall into a predictable groove. For those who are single, it can be a square on the calendar that is crossed off with relief. But it's all about love, and the only limits to how meaningful it can be are the psychic limits we bring to it.

Valentine Spirit

The Catholic church were the first to celebrate 14th February in honour of Saint Valentine, who was executed on that date in 3rd century Rome. His crime? Performing forbidden marriages. The association between Valentine's Day and romantic love continued to evolve through the High Middle Ages, when courting couples began exchanging sweets, flowers, and hand-written notes on the 14th. Thus began the tradition we see before us today, and while there is no getting around the fact that it has become commercialized, we can deepen our celebration by tuning into the energy of the heart, no matter what our relationship status happens to be.

Heart and Mind

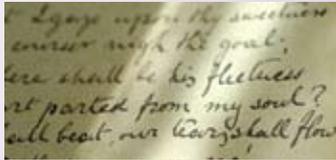


Valentine's Day as we know it began in a time of a traditional courtship. The gifts exchanged were symbols of enormous potential—not only for earthly partnership, but spiritual and psychic union. How many of the gifts exchanged today are charged with that kind of energy?

The reality is that many of the things we do on Valentine's Day arise out of the mind, which plays by different rules than the heart. When the mind gives something, it wants to

know what it might get in return. This is fair enough, and necessary in many areas of life, but it is not the way of love. The heart gives with no thought of what it might receive—or lose—in the process. The most important key to unlocking a deeper experience of Valentine's Day is finding out just where your actions are coming from. If you find yourself doing something to bring about or prevent a certain effect, you know that you are only skimming the surface.

DIY



Some indigenous cultures have been known to draw a circle around a rock, and worship the rock as a divine symbol. This teaches us that anything can be sacred if we make it so. Ceremonies and rituals succeed because of the psychic energy and effort with which we infuse them. In this respect, Valentine's Day is no different.

One way to infuse Valentine's Day with greater psychic energy is to employ a Do-It-Yourself attitude. Whenever possible, give hand-made gifts that reflect time and effort. If you buy something, show that you have invested spiritual energy in the gift. Accompany it with something—a poem, a letter—that comes from you alone. The

gifts we give, no matter how expensive, are incomplete by themselves. Only when they function as symbols of a spiritual connection do they have real significance and power.

Beyond Romance



What about the countless women and men who happen to be single this Valentine's Day? Is "sitting this one out" really the best option? Or can single people also tap into a transcendent spiritual force on the 14th?

Ironically, people who are not in relationships can be the strongest embodiments of the true spirit of Valentine's Day. Love in its purest form goes beyond personal boundaries, yet we all know couples who seem to have a myopic view of the world in which their own romance is all that matters. This attitude of exclusion misses out on the greater love of which we are all a part, choosing to focus instead on "those who have someone" versus "those who don't."

Whether we are in a relationship or not, the only time Cupid truly hits his target is when we radiate compassion and selflessness toward one another. It is this transcendent love—including the personal romance found within it—which draws a circle around Valentine's Day and makes it sacred.

Questions about **love**? Call our psychics on **1-866-960-6498**

Sound Healing



Ancient and Modern

Most people hear a countless number of sounds every day. A car on the street, the heater running, the tea kettle singing—it would be nearly impossible to count them all. But what if this ordinary sense of ours were a gateway to mystical and healing states?

The knowledge that sound can heal, although currently in revival mode, is anything but new. Cultures from time immemorial have used sound to commune with spirits, achieve trance states, and heal living things. The Aborigines of Australia still use their ancient Didjeridoo as a tool to access the mysterious “Dreamtime” state. Tibetan singing bowls have been used for millennia to dispel negative energies and purify the mind. The Greek mathematician Pythagorus developed a theory of harmonics to demonstrate the relationship between musical scales and the architecture of the universe. And countless creation myths—including those of several major religions—trace the origins of life to sound. The most famous example is *Om*, a sound which has profound meaning to Hindu, Buddhist and Jain religions. In Hindu scriptures, *Om* is described as the all-encompassing sound of the universe, the driving force behind all of creation. Not bad for a two-letter word!

In modern times, even science is placing more and more emphasis on sound. Sonic waves can map the ocean floor, photograph unborn children, and break up kidney stones. There is even a field of study called sonocytology, which studies the distinct sounds emitted by cells. If scientists working in this field are correct, doctors may soon be able to hear illness in a patient’s body by listening to his or her cells.

Thankfully, we don’t have to wait until science catches up with the ancient recognition of the power of sound. We can bring its incredible healing power into our lives right now. All we have to do is understand a few basic principles.

Entrainment

When a powerful, harmonious sound is present, our physical and psychic energies can and will respond. Areas of the body and the aura that are vibrating at low or muddled frequencies will begin to resonate with the higher vibrations of the harmonious sound. We see concrete examples of this in the calming effect Mozart has on babies *in utero*. We also see it in the groundbreaking research of Masaru Emoto, who shows through microscopic photographs that the energetic structure of water is drastically affected by sound.

Intention

As with any healing modality, sound is greatly enhanced by the power of intention. Whether the healer is singing or playing an instrument, their psychic intentions are projected into the sound and carried into the bodies of those present. The healer’s own body will also receive those intentions.

Resonance

One harmonious sound will activate other people and objects who vibrate on similar frequencies. A sound healing will therefore be more powerful in a natural or ceremonial space, and can be enhanced by greater numbers of people who are sympathetic to the healing. However, this does not take away from the enormous benefits of practicing solo.

What next?

Finding the sound that suits you best—whether you want to receive healing from someone else, practice on yourself, or heal others—is simply a question of jumping into the world of sound and paying attention to how you feel. Crystal bowls, didjeridoo, bells, tuning forks, harps, Sanskrit chant—the possibilities are endless. You might find that different sounds work well for different types of healing. Journaling about your experiences will help you develop your own practice. Where that leads you is a mystery only you can explore. . .



Gill

A talented psychic and tarot reader, Gill offers a rare kind of clarity.

“I was psychic from a very early age, but it didn’t make sense to me until I was in my early teens. I realised not everyone could see or hear things that I could, so naturally I shut down. In my twenties I started to meet like-minded people and decided to develop my skills through spiritual development classes and books. Discovering a natural affinity to tarot cards has led me to my chosen career path today.

Being able to connect psychically with the individual I’m working with, and help them to make sense of what is happening in their life, is incredibly rewarding. As a reader, I find it important to concentrate on the area in which the client is asking for guidance, but also to be open to other messages that may be important at the time of the reading.”

For a personal reading with Gill, call Clear Psychics at 1-866-960-6498 and enter pin number 7796.

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